

HEALTHWORKS offers help with Lyme disease

Now that Spring is in full bloom, much of life is taking place outside. Nature is a perfect location for charging our batteries. It invites to relax, to move and provides oxygen. We love the bumblebees and butterflies in the air but also fear the ticks. For some a tick bite can trigger the development of Lyme disease. If affected by such an illness, people can find support at the Healthworks Centre with Ada Geddes. She is a primary expert in the field of treating this condition and a leading practitioner of Biomagnetism therapy in the UK. Ada has been able to help many patients suffering from Lyme- and other tick-borne diseases through her extensive experience and knowledge. Her approach is holistic, it includes natural therapies and is tailored for the individual need. She can also help with chronic fatigue syndrome, chronic migraine, fibromyalgia, stress management – only to name a few. More info about Ada Geddes and her treatment options can be found here: www.biomagnetismo.co.uk.

Although nature is a great healer, it is good to know where to go and find support when an illness strikes or life gets challenging. The Healthworks Centre in Forres has a team of fully trained Practitioners and is recognized as a leading provider in complementary health care. It offers almost the entire spectrum of complementary and alternative therapies and is therefore an excellent address whenever help is required.

healthworks
holistic health centre
5 bank lane, forres, tel. 01309 676691
www.healthworks.uk.net

The Independent Practitioners Group

Acupuncture:

Traditional Chinese

James Adams
07513 038 007
Therese Poon
07785 284 536

Western Medical

N.& E. Robinson
01309 671 413

Alexander Technique

Alan Massey
01309 691 545

Aromatherapy Massage

Alison Leishman
01309 672 864

Biomagnetism Therapy

Ada Geddes
07403 808 083

BodyTalk

Katharina Kroeber
07905 499 673

Counselling

Jules Petrie
07719 091 083

Counselling & Couple Couns.

Michael Hawkins
01309 671552

Energetic Cellular Healing

Celia Forestal Smith
07883 516 342

Herbalism

Fiona McIntyre
07747 010620

Homeopathy

Pia Wallace
07934 289 102

Hypnotherapy & NLP

Pat Wilson
01309 672338

Remedial & Pregnancy Massage

Louise McRitchie
01343 842 837

Remedial Massage & Lymphatic Drainage

Janey Tinsley
07900 817 034

Naturopathy

Deborah Sutherland
01309 671413

Osteopathy, Cranial Osteopat.

E.& N. Robinson
Deborah Sutherland
01309 671 413

Reflexology & Acupressure

Grace Pirnie
01309 671 504

Leadership Coaching & Spiritual Counselling, Supervision

Chloe Greenwood
01309 691 575

Spiritual Healing & Reiki

Jutta Geissler
01309 671552

All practitioners are insured