



**The Independent Practitioners Group**

[www.healthworks.uk.net](http://www.healthworks.uk.net)

**Acupuncture-Traditional Chinese**

James Adams 07513 038007  
Therese Poon 07785 284536

**Acupuncture-Western Medical**

N. & E. Robinson 01309 671413

**Alexander Technique**

Alan Massey 01309 691545

**Aromatherapy Massage**

Alison Leishman 01309 672864

**Biomagnetism Therapy**

Ada Geddes 07403 808083

**BodyTalk**

Katharina Kroeber 07905  
499673

**Counselling**

Jules Petrie 07719 091 083

**Counselling & Couple Counselling**

Michael Hawkins 01309 671552

**Energetic Cellular Healing**

Celia Forestal Smith  
07883 516342

**Herbalism**

Fiona McIntyre 07747 010620

**All practitioners are insured.**

**Kindful Communication**

Claralynn Nunamaker  
07921 211434

**Homeopathy**

Pia Wallace 07934 289102

**Hypnotherapy & NLP**

Pat Wilson 01309 672338

**Remedial & Pregnancy Massage**

Louise McRitchie 01343 842837

**Remedial Massage & Lymphatic Drainage**

Janey Tinsley 07900 817034

**Naturopathy**

Deborah Sutherland  
01309 671413

**Osteopathy, Cranial Osteopat.**

E. & N. Robinson  
Deborah Sutherland  
01309 671413

**Reflexology & Acupressure**

Grace Pirnie 01309 671504

**Leadership Coaching & Spiritual Counselling, Supervision**

Chloe Greenwood  
01309 691575

**Spiritual Healing & Reiki**

Jutta Geissler 01309 671552

# HEALTHWORKS

## for new directions and wellbeing

For many of us the beginning of the New Year brings fresh energy for setting new goals. It is a time for reflecting on one's lifestyle and for resolutions. When it comes to succeeding with new projects, health and wellbeing are key players and having support in this endeavour can be crucial. Healthworks in Forres with their team of fully trained Practitioners is an excellent address for everyone who is looking for guidance to meet their needs with personal plans and goals or who requires help for a specific health issue.

Chloe Greenwood joined the team at Healthworks a year ago, bringing a rich set of skills to their range of health care options. She is offering Leadership and Spiritual Intelligence Coaching, Spiritual Counselling for individuals, groups and in workplaces, as well as providing Supervision to those in helping professions. Chloe worked as a doctor in general practice and community mental health services and as Head of Doctors at the Human Right charity 'Freedom from Torture'. She studied with the Institute of Group Analysis, as well as undergoing Jungian Analysis which includes working with dreams; she is an accredited leadership coach with Deep Change and completed a training as Interfaith Minister with an experiential training in mentoring, facilitation and spiritual counselling. She will be a valuable support for everyone looking to expand and develop by clarifying one's values and unique gifts in life. See her website [www.chloegreenwoodcoaching.co.uk](http://www.chloegreenwoodcoaching.co.uk) and facebook [#chloegreenwoodcoaching](https://www.facebook.com/chloegreenwoodcoaching)



In 2017 the Healthworks Centre is celebrating '23 Years of Excellence' with a portfolio that offers almost the entire spectrum of complementary and alternative therapies. The Centre is recognised as a leading provider in complementary health care, striving to provide best practice, education and promotion of health and wellness in the local area and beyond. Bursaries are available. Whether someone is looking for a complete relaxation session, hands on healing or support in considering new directions in life, the Healthworks Centre is the place to go.

**Advertising Feature**