

It is the time of celebration - beginning with Solstice, the transition from the longest night into more daylight, followed by Christmas and the beginning of the New Year.

We wish our clients and friends a time of peace and joy during the festive season and are looking forward to see you again or welcome you at our centre in Forres.

May you start 2018 with renewed energy, visions and hope.



MERRY CHRISTMAS & A HAPPY NEW YEAR!



Your team of Practitioners at Healthworks

